

Alexis Keeton

Patient Health Aid

Linden, TN

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19313064055

Compassionate and competent health aid with 2+ years of experience providing patients with top care and assisting with their everyday necessities. Assigned to assist 15+ patients per week, both in the rehabilitation center as well as at home. Seeking to leverage knowledge of basic medical assisting, phlebotomy, EKG, and essential nursing procedures to become the next PCT.

Authorized to work in the US for any employer

Work Experience

Stay at Home Mom

Personal home with 3 babies and spouse. - Linden, TN
Present

Time management

Meal planning

Activity planning

Budget making

Goal setter

Home Health Care Aide

At Home Health Care Agency - Springhill TN
January 2014 to June 2017

- Provide services to disabled or elderly clients in their homes. Including but not limited to administering medicines, noticing changes in health condition, helping with personal care, running errands, and housekeeping.

Education

High school diploma

Perry County Central High School - Linden, TN
2014

Skills

- Home Care
- Senior Care
- Caregiving
- Alzheimer's Care
- Cooking

- Meal Preparation
- Cleaning Experience
- Laundry
- Documentation review
- Microsoft Office
- Motivational interviewing
- Dietary aide experience
- Sanitation
- Food service
- Vital Signs
- Hospice Care
- Supervising experience
- Employee evaluation
- Customer service
- Clerical experience
- Patient Care
- Medication Administration
- Basic math
- Basic computer

Certifications and Licenses

CPR & First Aid

Present

Property and Casualty License

Insurance associate for property and casualty insurance.